

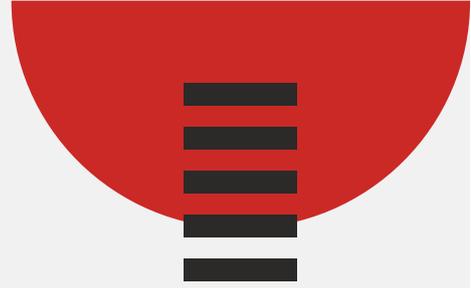
Project SHINE : Awareness & Session on SUBSTANCE ABUSE

Session 1:

30th November 2024, Duration of Event : One Day

Location : Kishalaya Centre, Connaught Place, Behind Bangla Sahib, New Delhi





Introduction

Shining Souls, an organization dedicated to the welfare and empowerment of society's vulnerable groups, successfully conducted **PROJECT "SHINE"**, a crucial **Awareness & Counseling Session on Substance Abuse**, on **30th November 2024** at **Kishalaya Centre, Connaught Place, New Delhi**. This initiative focused on raising awareness about the dangers of substance abuse and equipping participants with knowledge and tools to resist and overcome addiction-related challenges.

Objectives of the Project:

- The main objectives of PROJECT "SHINE" were:
- To educate participants about the risks and consequences of substance abuse, including health, social, and legal aspects.
- To discuss preventive strategies to avoid substance abuse, particularly among youth and vulnerable populations.
- To provide a platform for open discussion on substance-related issues affecting individuals and families.
- To offer counseling support to individuals seeking help for themselves or their loved ones.
- To engage the community in collective action to create a drug-free environment.

Target Audience:

- Youth, teenagers, and young adults from nearby areas.
- Parents and family members concerned about substance-related issues.
- Educators, social workers, and community leaders from Connaught Place and nearby locations.
- General public and individuals interested in understanding and preventing substance abuse.

Outcomes and Achievements

- **Participants Engaged:** More than 120 individuals attended, including youth, parents, and community members.
- **Increased Awareness:** Attendees gained comprehensive knowledge of various forms of substance abuse and their harmful consequences.
- **Open Conversations:** The session created a safe space for sharing concerns, asking questions, and discussing real-life experiences.





- Educational Resources Distributed: Over 150 pamphlets and educational booklets were shared with participants and local residents.
- Counseling Assistance: Several individuals reached out for personal counseling post-session, reflecting the trust and impact of the event.
- Community Engagement: Youth volunteers expressed interest in continuing awareness drives under Shining Souls' guidance.

Feedback and Response

- Participants highly appreciated the engaging and interactive nature of the sessions.
- Many attendees valued the personal stories of recovery, making the dangers of substance abuse more relatable and impactful.
- Parents and educators requested regular follow-up sessions and workshops on mental health and drug prevention.

Recommendations & Way Forward

- Organize periodic workshops on substance abuse and related issues such as mental health and peer pressure.
- Establish a community outreach program for early identification and support of at-risk youth.
- Partner with local schools and educational institutions for preventive education.
- Develop a confidential helpline for individuals and families seeking immediate support and counseling.

Acknowledgments

We extend our heartfelt gratitude to:

- Kishalaya Centre management for providing the venue and support.
- All guest speakers, counselors, and volunteers for their time and dedication.
- Participants for their active involvement and openness in discussions.
- Local community leaders and authorities for encouraging and supporting this initiative.

Conclusion:

PROJECT "SHINE" at Kishalaya Centre, Connaught Place, was a significant step toward building awareness and resilience against substance abuse. It reaffirmed the need for continuous efforts and community collaboration to combat this pervasive issue. Shining Souls will continue to engage in such impactful interventions to uplift and protect the community.

